



Disability Awareness Day Workshops Thursday, October 8, 2009

8:30 a.m. - 9:30 a.m. Workshops:

Resources for Job Seekers with Disabilities

by: Marie Bernard, CEO of Project Hired

Wing, Room 118

Learn about various resources and tools for job seekers with disabilities.

Factors Related to Sleep and Disabilities

by: Dr. Jamie M. Zeitzer, Ph.D.

Wing, Room 119

Answer the following questions in regards to individuals with Disabilities and sleep: What are the physiological factors that are involved in sleep? Are people with disabilities more likely to have complications with sleep? What dangers are there when our sleep is interrupted? Can our sleep loss be made up? What are sleep cycles? Are sleep medications dangerous? What is melatonin? To those who have disabilities how are sleep cycles different?

Social Security and Supplemental Security Disability Income Benefits

Wing, Room 120

by: Melvin E. Irvin, Disability Representative, Inc.

Learn the differences between SSDI and SSI programs and the Social Security Administration's unusual method of determining disability. Learn how to ensure the best possible determination of disability by Social Security. Learn about the application and appeal processes, including case studies. Hear a discussion regarding SSI benefit cuts made by the state of California in 2009. Question and answer period at end of session.



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9:45 a.m. - 10:45 a.m. Workshops:

Students with Disabilities and the Higher Education System **Wing, Room 118**

by: Lucille Surdi, ADA Compliance Specialist, San José State University
An overview of the services provided to disabled students in higher education, specifically your options at San José State University.

Hiring and Management of Personal Care Assistants **Wing, Room 119**

by: Debra L. Burdsall, Santa Clara Valley Medical Center
This presentation includes a discussion and description of types of personal assistant services, options for personal care service providers, resources for finding a personal care assistant, tips for screening and interviewing a personal care assistant. In addition, guidelines for attendant training and maintaining an optimal working environment and relationship with a personal care attendant will be explored.

Promoting Programmatic Diversity in Autism Treatment **Wing, Room 120**

by: Matthew McAlear, Vice President of Easter Seals Bay Area
A discussion of treatment methodologies which employ the principles and procedures of ABA will be identified and described. Critical elements of comprehensive programs designed to serve individuals with ASD will be delineated and discussed. Finally, Mr. McAlear will discuss one example of a comprehensive, evidence-based treatment for children with ASD that uses a relationship-based framework to accomplish developmentally based objectives using naturalistic application of ABA principles.
Participants will be provided with practical information about developing evidence-based programs to facilitate children's communication, play and social development within a coherent conceptual framework, enabling productive treatment planning and program evaluation.



Disability Awareness Day Workshops Thursday, October 8, 2009

11:00 a.m. - 12:00 p.m. Workshops:

Job Placement Strategies and Technology for Individuals with Disabilities **Wing, Room 118**

by: John Cavano, Manager of Technology and Training, Trans Access

Are you a person with a disability looking for a job? Do you need help accessing a computer? Learn about job placement strategies to help you find employment, and assistive technology, like voice recognition software, to help you keep it.

Reducing Caregiver Stress

Wing, Room 119

by: Dr. Yvette N. Tazeau, Licensed Psychologist

Caregivers shoulder the responsibility of directing and coordinating the care of their loved ones and this work can be a high stress activity. Dr. Tazeau's workshop will address how to identify caregiver stress and will discuss coping strategies for managing and reducing stress, such as self-care techniques, communication tools, and long-term supports.

Social Security and Supplemental Security Disability Income Benefits

Wing, Room 120

by: Melvin E. Irvin, Disability Representative, Inc.

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12:30 p.m. - 1:30 p.m. Workshops:

Job Placement Strategies and Technology for Individuals with Disabilities **Wing, Room 118**

by: John Cavano, Manager of Technology and Training, Trans Access

Are you a person with a disability looking for a job? Do you need help accessing a computer? Learn about job placement strategies to help you find employment, and assistive technology, like voice recognition software, to help you keep it.

40 Fabulous Freebies for Fun and Function!

Wing, Room 119

by: Debbie Drennan, Parents Helping Parents

This presentation will focus on free (or very low cost) options available for older students and adults with developmental disabilities to more fully participate in daily life. The areas of focus will be scheduling, communication, cooking, accessibility to the computer and the internet, and FUN! Come and learn what is available that won't break your budget!

Promoting Programmatic Diversity in Autism Treatment

Wing, Room 120

by: Matthew McAlear, Vice President of Easter Seals Bay Area

A discussion of treatment methodologies using the principles and procedures of ABA will be identified and described. Critical elements of comprehensive programs designed to serve individuals with ASD will be delineated and discussed. Finally, Mr. McAlear will discuss one example of a comprehensive, evidence-based treatment for children with ASD that uses a relationship-based framework to accomplish developmentally based objectives using naturalistic application of ABA principles.

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